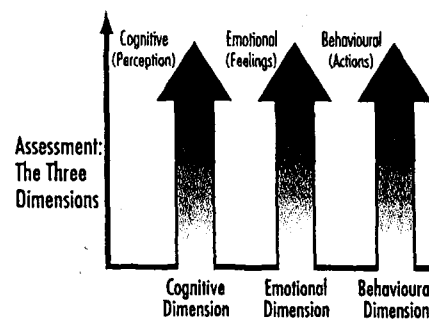


### MODEL #6—THE DIMENSIONS MODEL<sup>4</sup>

The Dimensions model takes the broadest look at diagnosing conflict by proposing that conflict takes place along three different “dimensions.” These three dimensions are the Cognitive dimension (how we perceive and think about the conflict), the Emotional dimension (how we feel about the conflict) and the Behavioural dimension (how we act or what we do about the conflict). The model identifies how separating a conflict into these dimensions can help the practitioner intervene, and offers specific strategies for working with each of the dimensions.



4. Used with permission of Bernard Mayer of CDR Associates.